

VOLUNTEER LIFE COACHES



- Coaches Handbook
- Coaches Training Sessions
- Interactive Workshops
- Coaches Feedback
- Coaches Socials

The JobRedi Coaches Program consists of Volunteers (working or retired), who are available to coach JobRedi Interns. Coaches provide advice, guidance and resources to Interns facing the normal challenges of becoming working adults.

Life Coaches' roles are motivational (not educational). Through monthly interactive "life skills" workshops, Coaches support Interns in reaching their goals. An effective Coach understands that his or her role is to be dependable, engaged and tuned into the needs of the Interns.